

<b>Illness</b>	<b>Illumination Area</b>	<b>Illumination Acupoint</b>	<b>Illumination Distance (in.)</b>	<b>Illumination Time (min.)</b>	<b>Number of Treatments</b>	<b>Warnings and Cautions</b>
Angina pectoris (Severe spasms of pain in the chest associated with an insufficient supply of blood to the heart)	Left chest, heart area	BL-15, HT-7, PC-6, SP-6	12	30	1-7 1x/day	Do not use if pacemaker present
Arthritis	Affected area	LI-4, LI-11, TH-5, GB-20, ST-36	12-16	45-60	7-10 2x/day	Repeat after 3-5 days
Baldness (loss of hair, alopecia)	Affected area on the head		12-16	40-50	10-20 1x/day	May sweat and itch
Bed sores	Affected area		12-16	20-40	15-20 2x/day	
Bell's Palsy	Face	ST-6, LI-20	12-16	40-50	2-40 1x/day	Cover eyes, may sweat and feel thirst
Bone fractures	Affected area		12-16	15-20	30-60 1x/day	Caution with any metal pins
Burns	Affected area		16	30	12-18 2x/day	Do not let skin get too hot
Cholecystitis (Gall Bladder)	Gall bladder area; center of chest	CV-12, BL-19	12-16	30	2-8 1x/day	
Common Cold	Chest and back	LI-4, GV-14	12	30-40	6-10 2x/day	Caution if fever present
Cystitis	Over bladder area		12-16	15-20	10-20 2x/day	
Depression	Tops of toes	CV-12, ST-36	12	20-30	10-20 1x/day	Treat after waking-up
Dermatitis (A chronic skin disorder characterized by localized or disseminated lichenified skin lesions that itch severely)	Affected area		12-16	30	10-15 1x/day	Repeat after 3 days if needed
Diabetes	Upper left abdomen		12-16	50	12-36 1x/day	Continue to monitor glucose levels
Diarrhea and Indigestion	Navel area	CV-8, ST-25, ST-36, SP-15, BL-21, CV-12	12	30	2-9 2x/day	Do not get dehydrated
Dysmenorrhea (painful menstruation)	Sides of body, below ribs	SP-6, CV-3, SP-14	12-16	30	3-5 1x/day	
Eczema	Affected area	SP-6, SP-10, LI-3, ST-36, BL-17	12-16	30	7-14 1x/day	Likely to cause scabs to form
Enuresis (lack of bladder control)	Lower back and pelvic area	CV-4, ST-25, CV-6	12-16	30	3-7 1x/day	
Frostbite (An inflammation followed by itchy irritation on the hands, feet, or ears, resulting from exposure to moist cold)	Affected area	LI-4, TH-5, BL-13	12	30-40	10-20 2x/day	Keep affected areas dry at all times
Frozen Shoulder	Affected shoulder	LI-4, GB-21, SI-9, LI-16	12-16	30	15-20 1x/day	
Heel spurs	Affected heel		12	30-40	15-20 1x/day	
Hepatitis (Liver)	Liver area; right side, below chest	LV-3, BL-18	12-16	30	7-14 1x/day	

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Herpes	Affected area	BL-17, SP-6	12-16	15-20	6-10 1x/day	Cover eyes if using on face
Hiccups, severe	Chest area	CV-22, PC-6, KI-19, ST-13	12-16	60	4-6 2x/day	
Incision infection <small>(2-3 days after surgery)</small>	Infected area		12	20-30	5-7 1x/day	
Infant diarrhea	Navel area	LI-4	16	20	3-5 2x/day	Do not let skin get too hot
Infertility and Impotence	Lower back and pelvic area	CV-4, SP-6, BL-32, CV-3	12-16	30-60	30-60 1x/day	Need healthy rest and diet
Injection wound	Infected area		12-16	30-40	3-12 1x/day	Clean the wound
Insect Bites	Affected area		12-16	30	5-7 1x/day	
Insomnia	Between shoulders	KI-6, BL-62, BL-38, PC-6	12-16	30	2-10 1x/day	Treat before bedtime
Keloid scars	Affected area		12	30-40	6-20 1x/day	
Lumbar strain or Herniated disc <small>(pain in the lower back)</small>	Back, between hips and ribs	BL-23, BL-40, SI-6	12	30-40	15-20 2x/day	
Mastitis	Affected breast	CV-17, ST-18, LI-4, GV-14	12-16	10-15	3-5 1x/day	
Menstruation Irregularities	Sides of belly, below ribs	SP-6, SP-10	12-16	30	3-10 1x/day	
Migraine	Painful area	LI-4, TH-3, GV-15, ST-8	12-16	60	7-10 1x/day	Cover eyes
Myofibrosis	Painful area		12	30-40	3-6 1x/day	
Neck pain	Neck and shoulders	SI-12, GB-20, GB-21	12	20-30	15-30 1x/day	Keep hair away from lamp
Neurasthenia <small>(fatigue brought on by psychological reasons)</small>	Back of neck	GB-20, PC-6	12-16	30	2-10 1x/day	Do not let skin get too hot
Omitis <small>(inflammation of the shoulder)</small>	Shoulder area	LI-14, LI-15, SI-9, TH-5	12-16	40	5-20 2x/day	
Paralysis, lower body	Affected area	GB-30, BL-40, GB-40, GB-34	12	40-50	30-60 2x/day	Do not let skin get too hot
Paralysis, upper body	Affected area	LI-15, LI-11, LI-4	12	40-50	30-60 2x/day	Do not let skin get too hot
Pelvic infection	Sides of belly, below ribs	SP-6	12-16	30	14-18 2x/day	
Pneumonia	Back or chest	BL-13, BL-43	16	20	4-10 2x/day	Do not let skin get too hot
Post-operative infiltration <small>(Nerve endings that are pressed by infiltration excretion cause pain. If it develops into a more severe case, the skin will secrete pus.)</small>	Affected area		12-16	15-20	5-7 1x/day	
Prostatitis	Outer rectum and pelvic area		12	20-30	10-20 1x/day	
Ringworm	Ringworm affected area		12-16	30	6-30 2x/day	Wash infected area

